



APERITIF

10.30 - 11.20

ANNE SHOOTER DEMO

The Kvetch-Free Kitchen: Easy one-tray dinners

FABIENNE VINER-LUZZATO DEMO

Maqluba, Timmim, Mujaddara, much more than rice!

NAOMI JOSEPH TALK

Herring: A Pickled History!

MICHAEL GREEN TALK

Foraging, wild food and Jews

HANNA GOLDSMITH DEMO

Salmon burgers

DAISY ABOUDI DEMO

Sweet Middle East: A Sudanese Journey

STARTER

11.50 - 12.40

EMMA SPITZER DEMO

Come Fress with me

ISRAELI FOOD BOOM! PANEL

Featuring Joel Braham (The Good Egg), Uri Dinay (Pilpel), Or Golan (Soyo Group), Futna Jabber, Eyal Jagermann (The Barbary), Eran Tibi (Bala Baya), Edward Bergen (Mintel) and moderated by Felicity Spector. Panel sponsored by



H FORMAN & SON. WORKSHOP

Darren Matson presents Lox Stock & Two Smoked Salmon Bagels



RICHARD VERBER TALK

The secret Jewish history of vodka

THE SADEH TALK

Danielle Oxenham & Alexander Antoniou discuss the first Jewish Farm in the UK

ALISSA TIMOSHKINA DEMO

Borscht, borsch, borschch? The intricate story of a simple beetroot soup

JOANNE DOVE WORKSHOP

Creative challah, sponsored by 

MAIN COURSE

13.10 - 14.00

JUDI ROSE & DEMO

DR. JACKIE LEWIS

Lokshen Horror: Healthier Jewish Cuisine with the Curly Cousins

DENISE PHILLIPS DEMO

Pretzels & more

HANNAH STYLE WORKSHOP

Jam-making workshop in association with FEAST!

JAYNE COHEN TALK

Grits and Griebenes: Exploration of food in the American South, a gefilte gumbo of white, black and Jewish cuisines

LARA SMALLMAN TALK

Jewish vegetarians throughout history

DANIELLE LEVINSON DEMO

The Gefiltefish comeback!

JOANNE DOVE WORKSHOP

Creative Challah, sponsored by 

DESSERT

14.30 - 15.20

FUTNA JABBER

Makholuba & knafe, appearing with support of the New Israel Fund

DEMO

הקרן החדשה לישראל
New Israel Fund
الصندوق الجديد لإسرائيل

JEWISH CARE

Ready Steady Ice!



INTERACTIVE

KENNARDS

A chocolate experience by Andrew Kennard

WORKSHOP

EDWARD BERGEN

Talking trends: Middle Eastern Cuisine

TALK

LARA SMALLMAN

How the land of milk and honey became the world's vegan capital

WORKSHOP

SASHA FRIEZE

Beat the humous crisis: Make your own easy humous at home

WORKSHOP

FROM BITES TO BYTES

Jewish recipes in the digital age featuring Helen Goldrein, Judi Rose, Anne Shooter, Felicity Spector & Laurina Todesaite. Moderated by Victoria Prever of the JC

PANEL

Sponsored by



PETIT FOURS

15.50 - 16.40

JOEL BRAHAM

Reveals The Good Egg's secrets to making the babka and cheesecake of your dreams

DEMO

MAUREEN KENDLER

On being refined, heimische and hygenic: Early Jewish cookery books

TALK

KENNARDS

A chocolate experience by Andrew Kennard

WORKSHOP

JUST A MINUTE

Gefiltefest's much-loved take on the popular Radio 4 game returns with Dan Patterson, Abigail Morris, Clive Lawton & Adam Taub. Moderated by Angelica Malin

PANEL

LAURINA TODESAITE

How to make authentic farshmak (chopped herring)

WORKSHOP

GIOIA BUONASERA & ORIT GRINBOIM-LIRON

Israel through a wine glass, 32°-34 Wines

TALK

AMANDA WRIGHT

Torah Medicine: healing power of food

TALK

KIDS' MENU

11.00 - 16.00

ALL DAY DROP IN

- Herb planting, spice tasting, crafts and quizzes, led by Abi Symons of JW3
- Mitzvah Day activities (over 6's) making food and writing notes for distribution to refugees, led by Charlie Agran of Mitzvah Day
- And SOFT-PLAY!

IN THE PIAZZA

TANTALISING FOOD MARKET

Taste the many flavours of Ashkenazi and Sephardi cuisine and try and buy the latest products from exciting kosher brands.

SPONSORS AND PARTNERS



IT'S NOT JUST AN AIRLINE. IT'S ISRAEL



Shoresh

Find out more at gefiltefest.org

Book now

www.jw3.org.uk/gefiltefest

Although every effort is made to ensure the programme is delivered as advertised, it may be subject to change in the event of unforeseen circumstances. Thank you for your understanding.